

Summit	Section miles	Cumulative Miles	Section Ascent (m)	Cumulative Ascent (m)	Section Time	Actual Time
Loch Droma	0	0.00	0	0	00:00:00	06:13:00
Beinn Liath Mhor Fannaich	3.75	3.75	690	690	01:06:52	07:19:52
An Coileachan	4.89	8.64	380	1070	01:12:43	08:32:35
Meall Gorm	1.75	10.39	170	1240	00:26:38	08:59:13
Sgurr Mor	2.04	12.43	290	1530	00:34:18	09:33:31
Meall a Chrasgaidh	1.76	14.19	180	1710	00:32:32	10:06:03
Sgurr nan Clach Geala	1.40	15.59	280	1990	00:28:20	10:34:23
Sgurr nan Each	1.28	16.87	120	2110	00:20:41	10:55:04
Sgurr Bhreac	2.63	19.50	440	2550	00:57:14	11:52:18
A Chailleach	1.60	21.10	240	2790	00:31:48	12:24:06
Loch a Bhraoin	2.12	23.22	0	2790	00:39:53	13:03:59
Beinn a Chlaidheimh	5.85	29.07	780	3570	02:28:29	15:32:28
Sgurr Ban	2.67	31.74	380	3950	01:04:33	16:37:01
Mullach Coire Mhic Fhearchair	0.93	32.67	200	4150	00:27:38	17:04:39
Beinn Tarsuinn	1.55	34.22	200	4350	00:51:57	17:56:36
A Mhaighdean	3.05	37.27	450	4800	01:30:09	19:26:45
Ruadh Stac Mor	1.14	38.41	170	4970	00:35:18	20:02:03
Shenavall	5.56	43.97	20	4990		22:05:00
Shenavall	0.00	43.97	0			04:21:00
Sail Liath	1.24	45.21	840	5830		
Sgurr Fiona	1.02	46.24	290	6120		07:04:00
Bidean a Ghlas Thuill	0.59	46.83	150	6270		
Dundonnell	3.66	50.49	0	6270	03:15:00	09:05:00
Dundonnell	0.00	50.49				09:24:00
Inverlael	6.65	57.14	440	6710	02:00:00	11:50:00
Inverlael	0.00	57.14				12:13:00
Eididh nan Clach Geala	5.09	62.23	930	7640		14:38:00
Meall nan Ceapraichean	1.58	63.81	270	7910		
Cona Mheall	1.30	65.12	180	8090		
Beinn Dearg	1.24	66.36	280	8370		
Loch Droma	3.88	70.24	100	8470	05:30:00	19:10:00